

MY IMPORTANT PHONE NUMBERS

IF THE POWER GOES OUT....

Duke Energy – 479-3526

FOR NON-EMERGENCIES

Animal Control (Murphy) – 837-2304
 Auto Tags – 479-4615
 Driver's Licenses – 479-2602
 Fire – 479-3352
 Rescue Squad – 479-3512
 School Closings (bad weather) – 479-3413
 Sheriff – 479-3352 or 479-7985



Region A Partnership for Children

***Our Vision: Witness the miracle...
 a nurturing community...a loving family...
 a smiling child...***

We are a public/private partnership that works together with families, non-profits, healthcare professionals, schools, churches, businesses, volunteers, and government agencies. Our goal is to ensure that all young children have the opportunity to succeed in school and in life.

**116 Jackson Street, Sylva, NC 28779
 (828) 586-0661
 www.regionakids.org**

**Resource Guides are available for Region A:
 Cherokee, Clay, Graham, Haywood, Jackson,
 Macon, and Swain counties
 and the Qualla Boundary.**

*** If you know of changes to any of the information listed in this Resource Guide, please contact (828) 586-0661***

Resource Guide for Families In Graham County

FOR EMERGENCIES: 9-1-1



**Poison Control Center:
 1-800-222-1222**

**Crisis Hotline:
 1-800-849-6127**

HEALTH

Dental Care– Carolina West Dental 452-5656
www.carolinawestdental.com
 Smile Starters- Asheville – 350-1076
www.smilestartersdental.com
 Good Shepherd Home Health & Hospice– 639-6311 or
 321-4113, www.murphymedical.org/HomeHealth.html
 Graham Co Dept. of Public Health Department – 479-7900,
www.grahamcounty.org/Departments/Health
 •Breastfeeding Information
 •Dental care (Medicaid eligible children)
 •Health Check/Health Choice
 Graham Co. Dept of Social Services– 479-4201
 • In-home Aide Care (CAP)
 • Medicaid (Maternity, Child, Adult)
 Immunization– CDC Infoline – (800) 232-4636
www.cdc.gov/vaccines/about/contact
 Midwest Harris Hospital Sylva – 586-7000
 Murphy Medical Center – 837-8161, www.murphymedical.org
 Murphy Urgent Care Center – 837-4712
 NC Family Health Resource Line – (800) 367-2229
www.nchealthystart.org/outreach/prognws/ncfhr.html

FAMILY/PARENTING

Cooperative Extension – 479-7979
graham.ces.ncsu.edu
 Family Support Network – 631-3900 x154

CHILD CARE

Childcare Resource & Referral – 877-752-5955
Child Care Subsidy – 479-4587
Four Square Head Start – 479-8919
Graham County Pre-Schools– 479-982-
NC Division of Child Development– (800) 859-0829
Snowbird Child Development– 479-2031

FINDING A JOB/ JOB TRAINING

Employment Security Commission/Job Link
Career Center – 479-3376
Job Corps – LBJ (Franklin) – 524-4446
Oconaluftee (Cherokee) – 497-5411
Workforce Investment Act – 488-9211

EDUCATION

Graham County Schools – 479-3413
Adult Education, GED classes, or English as a Second
Language Instruction:
Southwestern Community College:
Swain Center– 488-6413
Tri-County Community College – 479-9256

FINANCIAL

Consumer Credit Counseling – (800) 737-5485
Cooperative Extension – 479-7979
Dept. of Social Services – 479-7911
NC Child Support Enforcement – (800) 992-9457

FOOD, CLOTHING, HEATING AND PERSONAL GOODS/SERVICES

American Red Cross (disaster) – (800) 728-9817
Dept of Public Health (WIC) – 479-7900
Dept. of Social Services – 479-7911
Grace Fellowship Church Food Pantry – 479-3632
Graham Co. Food Pantry (T-W-Th) – 479-3423
Church of the Lamb Food Pantry - 479-2773

NUTRITION INFORMATION

Cooperative Extension – 479-7979
WIC (Women, Infants and Children)- 479-7000

NC GENERAL INFORMATION LINE

Care Line – (800) 662-7030

FUN THINGS TO DO

Graham County Public Library – 479-8796
(all of the above have free Internet access)
Big Brothers/Big Sisters – (828) 253-1470
Boy Scouts of America – (800) 526-6708
Cooperative Extension/ 4-H Clubs – 479-7979
Girl Scouts of America – (800) 522-6280
Graham County Recreation – 479-7983
(Park) 479-7980
Graham County Swimming Pool – 479-7983
Stecoah Valley Arts, Crafts and Educational Center –
479-3364
Stepping Stones Volunteer Program 479-2831
Travel and Tourism/Visitor Center – 479-3790

CHILD SAFETY CAR SEATS

Health Department – 479-7900

SHELTER, HOUSING, & TRANSPORTATION

Dept. of Social Services – 479-7911
Graham County Transportation – 479-4129
Public Housing Authority (HUD) – 479-3001
HOPE for Families – 479-4612
479-4332 24 hour crisis line
Local Taxi Service: _____

TO REGISTER TO VOTE

Board of Elections – 479-7969

THRIFT STORES

HOPE for Families – 479-4450
Church Mouse – 479-1184

CHILDREN WITH SPECIAL NEEDS

Care Coordination for Children (CC4C) – 479-7900 x2621
Children's Developmental Services Agency–837-7496
Exceptional Children's Assistance – (800) 962-6817
Family Support Network – (828) 631-3900 x154
Assistive Technology Resource Center WNC: 828-631-9461
SW Child Development Commission – (800) 662-4158
Graham Schools Exceptional Children's Program - 479-3413
Smoky Mountain Center - 800-849-6127

RESPIRE (TIME OFF) FOR CAREGIVERS

Jackson Co. Family Resource Center – 586-2845

DISABILITIES

Four Square Community Action – 479-3001 or 321-0641
Industrial Opportunities, Inc. – 321-4754
Smoky Mountain Center – 800.849.6127
Job Link Center – 479-3376

ALCOHOL OR DRUG ABUSE

AA Hotline – (800) 524-0465
Alcohol/Drug Council of NC – (800) 688-4232
Appalachian Community Services – 479-6466
Smoky Mountain Center - 800-849-6127

COUNSELING/MENTAL HEALTH

Crisis Hotline – (800) 849-6127
Appalachian Community Services– 479-6466
Smoky Mountain Center - 800.849.6127

FAMILY VIOLENCE/ABUSE/NEGLECT

Dept. of Social Services – 479-7911
HOPE for Families – 479-4332
Domestic Violence Hotline – (800) 799-7233

LEGAL HELP/CONFLICT RESOLUTION

WNC Legal Aid (limited income)–(800) 458-6817
Mountain Mediation Services – (800) 789-4675

INFO FOR PEOPLE OVER 60 YRS OLD

Senior Citizen Center – 479-7977
Southwestern Area Agency on Aging– 586-1962
Veterans Services – 479-7966