

MY IMPORTANT PHONE NUMBERS

IF THE POWER GOES OUT....

Duke Energy– 488-2116

FOR NON-EMERGENCIES

- Animal Concerns – 488-0418
- Auto Tags – 488-3838
- Driver’s Licenses – 488-3684
- Fire/Ambulance/Rescue Squad/Police– 488-2196 or 97
- School Closing (bad weather) – 488-3129
- Sheriff – 488-4844



**Region A Partnership
for Children**

*Our Vision: Witness the miracle...
a nurturing community...a loving family...
a smiling child...*

We are a public/private partnership that works together with families, non-profits, healthcare professionals, schools, churches, businesses, volunteers, and government agencies. Our goal is to ensure that all young children have the opportunity to succeed in school and in life.

**116 Jackson Street, Sylva, NC 28779
(828) 586-0661
www.regionakids.org**

*Resource Guides are available for Region A:
Cherokee, Clay, Graham, Haywood,
Jackson, Macon, and Swain counties
and the Qualla Boundary.*

*** If you know of changes to any of the information listed in this Resource Guide, please contact (828) 586-0661***

**Resource Guide for
Families In Swain County**

FOR EMERGENCIES: 9-1-1



**Poison Control Center:
1-800-222-1222**

**Crisis Hotline:
1-800-849-6127**

HEALTH

- Breastfeeding Information – 488-3198
- Dental Care (Medicaid eligible, 0-20 yrs old) – In Asheville – (828) 350-1076
- Far West Dental Clinic – 837-1397
- Medwest Harris Hospital – 586-7000
- Health Department – 488-3198
- Health Check/Health Choice – 488-3198
- Immunization Hotline – (800) 232-2522
- Medicaid (Maternity, Child, Adult) – 488-6921
- Medwest Swain Hospital – 488-2155
- Mission Children’s Sylva- 586-5594
- NC Family Health Resource Line – (800) 367-2229
- West Care Home Health and Hospice – 586-7410
- WCU Speech and Hearing Clinic 828 227-7251

Our Doctor(s): _____

Our Dentist: _____

Pharmacy: _____

FAMILY/PARENTING

- Cooperative Extension – 488-3848
- Family Resource Center – 488-7505
- Family Support Network – 631-3900 x154
- Parents as Teachers Program – 488-7505
- Western Carolina Pregnancy Care Center - 488-5461 or 877-292-BABY

CHILD CARE

Child Care Resource and Referral – 877-752-5955
Child Care Subsidy (DSS) – 488-6921
Four Square Head Start – 488-9756
NC Division of Child Development– (800) 859-0829
<http://ncchildcare.dhhs.state.nc.us>

FINDING A JOB/ JOB TRAINING

Department of Social Services – 488-6921
Employment Security Commission/Job Link
Career Center – 488-2149
Family Resource Center – 488-7505
Oconaluftee Job Corps – 497-5411
Vocational Opportunities of Cherokee – 497-9827
Workforce Investment Act – 488-9211

EDUCATION

Swain County Schools – 488-3129
**Adult Education, GED Classes or English as a
Second Language Instruction**
Southwestern Community College:
Swain Center – 488-6413
Family Resource Center – 488-7505

FINANCIAL

Consumer Credit Counseling–(800) 737-5485
Cooperative Extension – 488-3848
Dept. of Social Services – 488-6921
NC Child Support Enforcement – (800) 992-9457

FOOD, CLOTHING, HEATING AND PERSONAL GOODS/SERVICES

American Red Cross (Disasters) – (800) 728-9817
Bryson City Food Pantry – 488-2480
Dept of Public Health (WIC) – 488-3198
Department of Social Services – 488-6921
Family Resource Center – 488-7505

NUTRITION INFORMATION

Cooperative Extension – 488-3848

NC GENERAL INFORMATION LINE

Care Line – (800) 662-7030

FUN THINGS TO DO

Mariana Black Public Library – 488-3030
Family Resource Center – 488-7505
(the above have **free Internet access**)

Big Brothers/Big Sisters – (828) 253-1470
Boy Scouts of America – (800) 526-6708
Chamber of Commerce – 488-3681
Cooperative Extension/ 4-H Clubs – 488-3848
Fitness Center: Ginger Lynn Welch Center (Cherokee) –
497-1960
Girl Scouts of America – (800) 522-6280
Parks and Recreation Dept. – 488-6159

RESPIRE (TIME OFF) FOR CAREGIVERS

Jackson Co. Family Resource Center – 586-2845

CHILD SAFETY CAR SEATS

Health Department – 488-3198

SHELTER, HOUSING, & TRANSPORTATION

American Red Cross (disasters) – (800) 728-9817
Department of Social Services – 488-6921
Swain Co. Community Transportation – 488-3047
Local Taxi Service: _____

THRIFT STORES

PAWS Thrift Store – 488-1008
St. Joseph's Thrift Shop – 488-2266
Swain/Qualla SAFE Thrift Store – 488-4756

ALTERNATIVE FOOD SOURCES

Farmer's Market: Saturday mornings, seasonally, corner
of Veteran's Blvd and Main St.
Family Resource Center—488-7505
WIC (Women, Infants, and Children)– 488-3198 x 2011

CHILDREN WITH SPECIAL NEEDS

Assistive Technology Resource Center WNC 828 631-9461
Care Coordination for Children (CC4C) – 488-3198
Children's Developmental Services Agency–227-7488
Exceptional Children's Assistance– (800) 962-6817
Family Resource Center – 488-7505
Family Support Network – (828) 631-3900 X154
SW Child Development Commission– (800) 662-4158

DISABILITIES

Department of Social Services – 488-6921
Vocational Opportunities of Cherokee – 497-9827
Vocational Rehabilitation – 586-4032

ALCOHOL OR SUBSTANCE ABUSE

AA Hot Line – (800) 524-0465
Alcohol/Drug Council of NC – (800) 688-4232
Smoky Mountain Center – 488-6921

COUNSELING/MENTAL HEALTH

Appalachian Community Services - 488-3294
Crisis Hotline – (800) 849-6127
Smoky Mountain Center – 488-6921

FAMILY VIOLENCE/ABUSE/NEGLECT

Dept. of Social Services – 488-6921
Domestic Violence Hotline – (800) 799-7233
Swain/Qualla SAFE Inc – 488-6809

LEGAL HELP/CONFLICT RESOLUTION

WNC Legal Aid (if income limited) – 488-4737
Mountain Mediation Services – 488-8812

TO REGISTER TO VOTE

Board of Elections – 488-6177

INFO FOR PEOPLE OVER 60 YRS OLD

Department of Social Services – 488-6921
Southwestern Area Agency on Aging – 488-9211
State of Franklin Services for Senior Citizens
– 488-3047
Veterans Service Office – 488-9273